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### **LIST OF MEDICATIONS TO STOP 14 DAYS PRIOR TO SURGERY**

(This list may **NOT** be all inclusive, please ask about any medications you are unsure of)

#### **Non-steroidal anti-inflammatory's (NSAID's)**

- |             |               |               |                  |           |
|-------------|---------------|---------------|------------------|-----------|
| - Ibuprofen | -Diclofenac   | -Lodine       | -Naproxen        | -Toradol  |
| -Motrin     | -Etodolac     | -Meloxicam    | -Nuprin          | -Voltaren |
| -Aleve      | -Feldene      | -Meclofenamte | -Orudis          | -Vioxx    |
| -Advil      | -Fenoprofen   | -Midol        | -PediaCare Fever |           |
| -Arthrotec  | -Genpril      | -Mobic        | -Piroxicam       |           |
| -Celebrex   | -Indomethacin | -Nambumetone  | -Relafen         |           |
| -Clinoril   | -Ketoprofen   | -Nalfon       | -Sulindac        |           |
| -Daypro     |               |               |                  |           |

#### **ALL Over the Counter (OTC) or Prescription Weight-loss or appetite suppressant's**

Including but **not** limited to:

- Fen-Fen
- Hydroxycut
- Zantrex
- Alli

#### **Herbal Medications including Multivitamins**

- |                      |                          |               |
|----------------------|--------------------------|---------------|
| - St. John's Wort    | -Gingko biloba           | -Milk thistle |
| -Echinacea           | -Ginseng                 | -Vitamin E    |
| -Fish Oils/Omega 3's | -Glucosamine/Chondroitin |               |
| -Cinnamon            | -Garlic                  |               |

### **LIST OF MEDICATIONS TO STOP 7 DAYS PRIOR TO SURGERY**

#### **Aspirin or medications that contain Aspirin**

- |                          |               |
|--------------------------|---------------|
| - Aspirin                | -Alka Seltzer |
| -Excedrin                | -Asprimox     |
| -Arthritis Pain Reliever | -Genaprin     |
| -Bayer                   | -Heparin      |
| -Bufferin                | -Norgesic     |
| -Ecotrin                 | -Percodan     |
| -Aggrenox                | -Pepto-Bismol |