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## **List of Medications to Stop Prior to Surgery**

\*Lists may NOT be all inclusive; please ask about any medications you are unsure of.

\*\*If you need a cardiac/medical clearance and the cardiologist or primary care provider is prescribing your medication, please get notification from them when you need to stop prior to surgery.

### **14 Days Prior to Surgery**

#### **Non-steroidal anti-inflammatories (NSAIDs) including arthritis medications:**

Ibuprofen, Motrin, Aleve, Advil, Arthrotec, Celebrex, Clinoril, Daypro, Diclofenac, Etodolac, Feldene, Fenoprofen, Genpril, Indomethacin, Ketoprofen, Lodine, Meloxicam, Meclofenamate, Midol, Mobic, Nambumetone, Nalfon, Naproxen, Nuprin, Orudis, PediaCare Fever, Piroxicam, Relafen, Sulindac, Toradol, Voltaren, Vioxx

#### **ALL over-the-counter (OTC) or prescription weight-loss or appetite suppressants including but NOT limited to:**

Fen-Fen, Hydroxycut, Zantrex, Alli, Phentermine

### **10 Days Prior to Surgery**

#### **Herbal medications including multivitamins:**

St. John's Wort, Echinacea, Fish oils/Omega 3s, Cinnamon, Gingko biloba, Ginseng, Glucosamine/Chondroitin, Garlic, Milk thistle, Vitamin E

### **7 Days Prior to Surgery**

#### **Aspirin or medications that contain Aspirin:**

Aspirin, Excedrin, Arthritis Pain Reliever, Bayer, Aggrenox, Alka Seltzer, Asprimox, Bufferin, Coumadin, Ecotrin, Eloquis, Genaprin, Heparin, Lovenox, Norgesic, Pepto-Bismol, Percodan, Plavix

### **3 Days Prior to Surgery**

#### **Diabetes medications:**

Farxiga, Invokana, Jardiance, Invokamet, Xigduo XR, Glyambi

### **1 Day Prior to Surgery**

Insulin- take half of normal amount