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POSTOPERATIVE INSTRUCTIONS

Myringotomy with ventilating tube insertion

A surgical incision has been made in the eardrum and a tube inserted into the incision to ventilate (allow air in) the middle ear space.

Some drainage from the ear may be expected for the first 48 hours after surgery. If the ear continues to drain after that, notify our office.

Also notify us if the patient's hearing seems to be worse after surgery than before.

You will be given a prescription for ear drops. Use as directed, 3-4 drops twice a day for 3 days 7 days, beginning the day after surgery.

You may wash your hair and swim but must not allow any water into the ears. Docs ProPlugs are available at the office or a cotton ball with petroleum jelly (Vaseline) pressed into it may be used to keep water out during bathing.

If the tube falls out on its own, note the date and report it on your next office visit.

We would like to see you in the office in approximately six weeks. If the appointment date and time already selected for you is not convenient, please call the office in the next day or two to reschedule.

Questions? If you have any questions or concerns before your next visit, call us at 317-842-4901 or toll free 800-818-3277.